

Look for the SAA to put into context and report on any impactful studies in the eSUN newsletter and/or Spondylitis Plus newsmagazine. There seemed to be a higher number of press releases coming out this month; Probably due to the European League Against Rheumatism (EULAR) Congress 2013 held in Madrid, Spain. The following are random articles floating around the internet and landed in my inbox this past month:

- Medication, therapy and exercise can help mediate spinal joint disease <http://www.sun-sentinel.com/health/fl-jjps-joint-0717-20130716,0,5044911.story> **By Dr. Robert Shmerling** 12:30 p.m. EDT, July 16, 2013
- High ankylosing spondylitis activity linked to cardiovascular risk <http://www.rheumatologynews.com/news/conference-news/eular/single-article/high-ankylosing-spondylitis-activity-linked-to-cardiovascular-risk/9a6753a1ec8465cf69cc780b90ab97a2.html>
- Exercise Improves Outcomes in Ankylosing Spondylitis <http://www.medscape.com/viewarticle/806653>
- Getting on the Ball for Arthritis <http://www.dailyrx.com/ankylosing-spondylitis-patients-may-benefit-swiss-ball-exercises>
- Axial Spondyloarthritis Patients Treated with Certolizumab Pegol Reported Improvements in Pain, Fatigue and Physical Function, and Increased Workplace and Household Productivity <http://www.evaluategroup.com/Universal/View.aspx?type=Story&id=435542>
- Tags:Ankylosing Spondylitis, Ankylosing Spondylitis Cure, Ankylosing Spondylitis Remedies,Ankylosing Spondylitis Symptoms, Ankylosing Spondylitis Treatment <http://www.mainmd.com/category/ankylosing-spondylitis/>
- Ankylosis spondylitis clinical trial <http://www.pjstar.com/photos/x1002426216/Ankylosis-spondylitis-clinical-trial>
- International Consensus on Treatment Targets for Spondyloarthritis and Psoriatic Arthritis <http://www.musculoskeletalnetwork.com/rheumatic-diseases/content/article/1145622/2146835>

- Swiss Ball Exercises Benefit Ankylosing Spondylitis Patients
<http://arthritis.about.com/b/2013/06/17/swiss-ball-exercises-benefit-ankylosing-spondylitis-patients.htm>
- Factors associated with radiographic lesions in early axial spondyloarthritis. Results from the DESIR cohort
<http://rheumatology.oxfordjournals.org/content/early/2013/06/13/rheumatology.ket207.short>
- Anti-TNF Doses Can Be Cut in Spinal Arthritis
<http://www.medpagetoday.com/MeetingCoverage/EULAR/39870>
- Axial spondyloarthritis patients treated with certolizumab pegol reported improvements in pain, fatigue and physical function, and increased workplace and household productivity http://www.firstwordpharma.com/node/1108300?tsid=28®ion_id=4
- UCB's Cimzia shows quality of life benefits in new study
<http://www.zenopa.com/news/801599056/ucbs-cimzia-shows-quality-of-life-benefits-in-new-study>
- Axial spondyloarthritis patients treated with certolizumab pegol reported improvements in pain, fatigue and physical function, and increased workplace and household productivity
<http://www.ucb.presscentre.com/News/Axial-spondyloarthritis-patients-treated-with-certolizumab-pegol-reported-improvements-in-pain-fat-43b.aspx>
- University of Oxford researchers receive grant to study genes that contribute to ankylosing spondylitis <http://www.news-medical.net/news/20130613/University-of-Oxford-researchers-receive-grant-to-study-genes-that-contribute-to-ankylosing-spondylitis.aspx>
- Treating spondyloarthritis, including ankylosing spondylitis and psoriatic arthritis, to target: recommendations of an international task force **
<http://ard.bmj.com/content/early/2013/06/08/annrheumdis-2013-203419.abstract>
- Swiss ball improves muscle strength and walking performance in ankylosing spondylitis
http://www.eurekalert.org/pub_releases/2013-06/elar-sbi061013.php
- Radiologic Case Study <http://www.healio.com/orthopedics/journals/ORTHO/%7BC0FFD4FD-AB5F-451E-8B6D-91938E7F806A%7D/Radiologic-Case-Study?full=1>

- Identification of multiple risk variants for ankylosing spondylitis through high-density genotyping of immune-related loci <http://www.nature.com/ng/journal/v45/n7/full/ng.2667.html>
- **Switching TNF Therapies Affects Response in Ankylosing Spondylitis**
<http://www.musculoskeletalnetwork.com/rheumatic-diseases/content/article/1145622/2146009>
- Treating axial and peripheral spondyloarthritis, including psoriatic arthritis, to target: results of a systematic literature search to support an international treat-to-target recommendation in spondyloarthritis <http://ard.bmj.com/content/early/2013/06/04/annrhumdis-2013-203860.short?rss=1>