



SAA's Spondylitis Educational Seminar from San Diego, CA - Part Two Now Available!

Watch noted physical therapist Angelo Papachristos, MBA, BSc, (PT) present the latest in Spondyloarthritis and Exercise! Footage recorded live from San Diego, CA on Saturday, November 4, 2017.

[Watch Now](#)

SAA Memory Book

SAA's 35th Anniversary Memory Book is Now Live!

To commemorate our 35th anniversary, we are remembering the special individuals who have made meaningful contributions to the spondylitis landscape. To share your loved one's story and create a gift of love for SAA, please submit a picture and biography to Sean Ewert, Development & Annual Giving Manager, at sean.ewert@spondylitis.org or call 818-855-2106 for more information.

[Nominate an Individual](#)



Clinical Trial Opportunity for Adults with Non-radiographic Axial Spondyloarthritis (nr-axSpA)

A phase 3 clinical trial is now recruiting non-radiographic axial Spondyloarthritis (nr-axSpA) patients over the age of 18 to participate in a study of an investigational biologic medication, secukinumab, given by injection.

[Learn More](#)



Pain in Spondylitis

Uncontrolled pain is a serious complication of spondylitis. Though many people with spondylitis respond well to traditional spondylitis medications as well as exercise and physical therapy, others experience breakthrough pain even with appropriate treatment...

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Guide to Healthy Habits for Work-Life Balance

A guest blog post by The George Washington University discusses the relationship between work and health, and how to maintain a healthy lifestyle in an increasingly connected and busy world.

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New Your Story Added: Daniel King, Faces of Ankylosing Spondylitis

My memory of that day in 1997 centers around driving home on I-295 in Portland, in the Fore River area; that's when the words I'd just heard took hold. "You have been diagnosed with ankylosing spondylitis."...

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Upcoming Support Group Meetings

Oakland/San Francisco, CA — Saturday, February 3, 2018 — [Details](#)

Richmond, VA — Tuesday, February 6, 2018 — [Details](#)

Chicago, IL — Thursday, February 8, 2018 — [Details](#)

Baltimore/Harford County, MD — Saturday, February 10, 2018 — [Details](#)

Los Angeles, CA — Sunday, February 11, 2018 — [Details](#)

Phoenix, AZ — Saturday, February 17, 2018 — [Details](#)

[View all SAA-sponsored spondylitis educational support groups!](#)



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