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Upcoming Spondylitis Educational Seminar in Chicago, IL

Join us Saturday, October 20, 2018 for an informal and informative seminar featuring rheumatologist Muhammad Asim Khan, MD, MACP, FRCP and registered dietician Lara Rondinelli-Hamilton, RD, LDN, CDE. There will be ample time for questions, as well as a chance to mix and mingle with other patients, families, and friends.

[Register Today!](#)



Our 2018 Fall Issue of Spondylitis Plus is Here. Take a Peek Inside Now!

The latest issue of *Spondylitis Plus* is now available online for SAA members

Not a member yet? Read the Featured Article, "**Standing Tall For Women With Axial Spondyloarthritis**"

Read the [Full Issue!](#)

Read the [Featured Article!](#)



Neuropathic Pain in Axial Spondyloarthritis

Neuropathic pain occurs when the nervous system is damaged or affected by disease. It can result in pain from originally non-painful stimuli or sudden spontaneous sensations, such as burning, tingling or stabbing. There is no consistent cause for neuropathic pain in axSpA patients, but it can potentially lead to additional complications in an already complex disease.

[Read More!](#)



Inflammatory Arthritis Educational Program in New York City!

The Spondylitis Association of America (SAA) and the Hospital for Special Surgery (HSS) are proud to announce a new collaboration.

Join us October 9th for our free program: **“Eye Concerns in Inflammatory Arthritis.”**

[Learn More!](#)



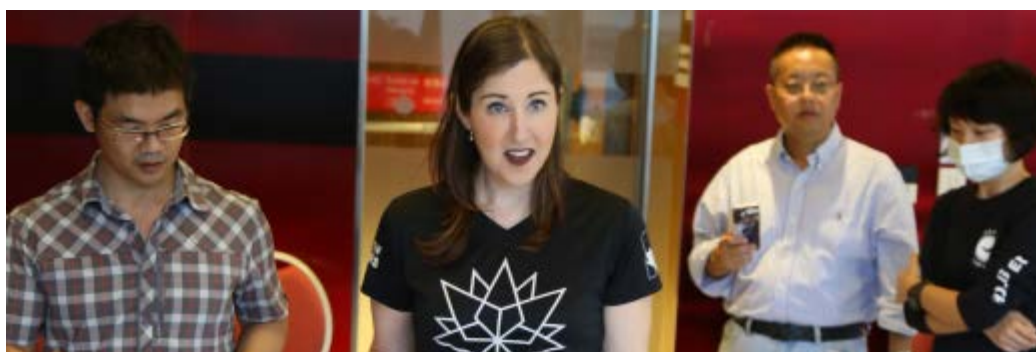
BlowUpRadio.com's 2018 Banding Together Benefit

Internet radio station and music website BlowUpRadio.com has announced its schedule of events for its 2018 Banding Together, its annual benefit for The Spondylitis Association of America.

All money raised from the concerts, webathon donations and compilation downloads, will go directly to the Spondylitis Association of America to fund research and provide the programs and services the spondylitis community has come to rely on.

Donate \$10 or more online to SAA to receive a special code, redeemable at <http://spondy.bandcamp.com/> to download the compilation album.

[Learn More!](#)



New Your Story Added: Carrie Kellenberger

"I never expected to lose my mobility, but that is what happened in July of 2014 when my body gave out on me and I could no longer move the way I used to. Year by year, I lost my energy to move and soon enough, I had an ME/CFS (myalgic encephalomyelitis / chronic fatigue syndrome) diagnosis that severely limited my mobility and left me housebound."

[Read More!](#)

Upcoming Support Group Meetings

Spokane, WA — Saturday, October 6, 2018 — [Details](#)

Orlando, FL — Sunday, October 7, 2018 — [Details](#)

Chicago, IL – Thursday, October 11, 2018 – [Details](#)

Elmira, NY – Thursday, October 11, 2018 – [Details](#)

Leesburg, VA – Saturday, October 13, 2018 – [Details](#)

Los Angeles, CA – Sunday, October 14, 2018 – [Details](#)

Nashville, TN – Thursday, October 25, 2018 – [Details](#)

Austin, TX – Monday, October 29, 2018 – [Details](#)

[View all SAA-sponsored spondylitis educational support groups!](#)



COMBINED FEDERAL CAMPAIGN

SAA participates in the Combined Federal Campaign -- the largest and most successful annual workplace charity campaign. Simply enter CFC code **#89466** on your pledge card during your agency's fund drive or contact your Human Resources Department or the Office of Personnel Management (www.opm.gov).

Please contact us if you have given anonymously through CFC so you can continue to receive SAA member benefits: hart@spondylitis.org or call 800-777-8189 x226

Please remember us in your [estate planning](#).



16360 Roscoe Blvd. Ste. 100
Van Nuys, CA 91406



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