

[Subscribe](#)

[Past Issues](#)

[Translate](#) ▼

[RSS](#) 📡



## **Relationship Between Skin, Spine, And Other Joint Symptoms In Psoriatic Arthritis**

A recent study published in the Journal of Dermatology sought to examine the progression of psoriasis to psoriatic spondylitis, examine the impact of psoriasis on the severity and manifestation of axial (spinal) symptoms, and identify factors that impact the efficacy of biologic medications.

[Read More!](#)



## Studying The Natural History And Development Of Spondyloarthritis: An Observational Study

This observational study, titled "Natural History and Development of Spondyloarthritis," will evaluate the natural history of spondyloarthritis (SpA) in children and adults. Researchers will study early signs and symptoms of axial spondyloarthritis to better understand the cause and progression of this disease, and in addition, compare genetic data of patients with that of healthy family members' to help identify the genes involved in SpA, and their functions.

Successful completion of these combined analyses will allow rheumatologists to better recognize early SpA with axial involvement, particularly in children, and improve our understanding of disease cause, mechanisms involved, and progression.

[Learn More!](#)



## New Clinical Trial Opportunity

A phase 2/3 clinical trial is now recruiting patients over the age of 18 with active psoriatic arthritis (PsA), ankylosing spondylitis (AS), or non-

radiographic axial spondyloarthritis (nr-axSpA) to participate in a multiple-dose, long-term extension study (4-years).

The purpose of the trial titled, “A Long Term Study to Demonstrate the Safety and Efficacy of Tildrakizumab in Subjects With Psoriatic Arthritis and Ankylosing Spondylitis or Non-Radiographic Axial Spondyloarthritis,” is to study the safety and efficacy of Tildrakizumab in those with PsA, AS, and nr-axSpA.

[Learn More!](#)



## SAA's First Twitter Chat

On February 12, 2019 SAA hosted our very first twitter chat, featuring two special guest speakers. We had a wonderful time discussing the topics of overcoming obstacles, healthy relationships, and balancing life & responsibilities while living with spondylitis. The feedback and responses were encouraging, often funny, and always helpful. We share the content of our #spondychat with our community below.

[Read More!](#)



## Your Stories: The Anniversary

I remembered sitting in the exam room and hearing for the first time the words “Ankylosing Spondylitis.” The doctor proceeded to tell me that I am HLA-B27 positive, and some other stuff about the disease being genetic, degenerative, there being no cure, but possibly being manageable...

[Read More!](#)

## Upcoming Support Group Meetings

**Morristown, NJ** — Saturday, March 2, 2019 — [Details](#)

**Lansing, MI** — Saturday, March 2, 2019 — [Details](#)

**Denver, CO** — Monday, March 4, 2019 — [Details](#)

**The Woodlands, TX** — Saturday, March 9, 2019 — [Details](#)

**Los Angeles, CA** — Sunday, March 10, 2019 — [Details](#)

**Orlando, FL** — Sunday, March 10, 2019 — [Details](#)

**Greenville, SC** — Monday, March 11, 2019 — [Details](#)

**Clinton, IA** — Tuesday, March 12, 2019 — [Details](#)

**New York, NY** — Tuesday, March 12, 2019 — [Details](#)

**St. Louis, MO** — Saturday, March 16, 2019 — [Details](#)

**Queen City (Charlotte), NC** — Tuesday, March 19, 2019 — [Details](#)

**SoCal Parents, CA** — Tuesday, March 19, 2019 — [Details](#)

**Waterville, ME** — Thursday, March 21, 2019 — [Details](#)

**Baltimore, MD** — Saturday, March 23, 2019 — [Details](#)

**Boston, MA** — Saturday, March 23, 2019 — [Details](#)

**Bristol, TN** — Wednesday, March 27, 2019 — [Details](#)

**Elmira, NY** — Thursday, March 28, 2019 — [Details](#)

[View all SAA-sponsored spondylitis educational support groups!](#)



## Sign Up for S.M.A.R.T. Today!

The Spondylitis Monthly Automatic Rewards Team (S.M.A.R.T.) is a safe, secure and convenient way to put more money to work advancing the spondylitis community's shared mission. Just specify a monthly amount and SAA will automatically deduct the contribution from your credit or debit card. At the end of the year, we'll send you a summary of your giving and a tax receipt. Your dependable monthly gift of \$100, \$50, \$25, \$15, or even \$10 will boost the impact of your SAA membership gift many times over.

**Sign up today and get a free 14oz SAA mug!**



**Sign Up!**



16360 Roscoe Blvd. Ste. 100  
Van Nuys, CA 91406

We invite you to connect with us on [Facebook](#) and [Twitter](#), browse our spondylitis videos on [YouTube](#), and chat with others on SAA's [Message Boards](#).

[unsubscribe from this list](#)

[update subscription preferences](#)