Adaptive Equipment

**Long-Handled tools:** (use as search words, or discuss with your therapist)

1. sock aid
2. dressing stick
3. Long shoehorn
4. Reacher
5. No tie laces
6. Bath sponge
7. Bed ladder
8. Bed Rail
9. Car door handle: Handy Bar

**APPS:**

- MyRA Crescendo Bioscience
  [https://trackmyra.com/healthcare-professionals/](https://trackmyra.com/healthcare-professionals/)

- iAnkylosingSpondylitis
  Human Media