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The SAA Staff and Board of Directors send our warmest wishes for a happy, healthy Thanksgiving!

Thank you for being a part of our SAA family, and for your continued support. As always, we are immensely grateful to be a part of this resilient, kind and giving, truly special community, and we are here for you.



Save The Date! Upcoming Facebook Live Discussion on COVID-19 Vaccines. Wednesday, December 9th, 3pm – 4pm Pacific.

Join us as we explore answers to your questions surrounding one or more potential COVID-19 vaccines, and special considerations for our spondyloarthritis community.

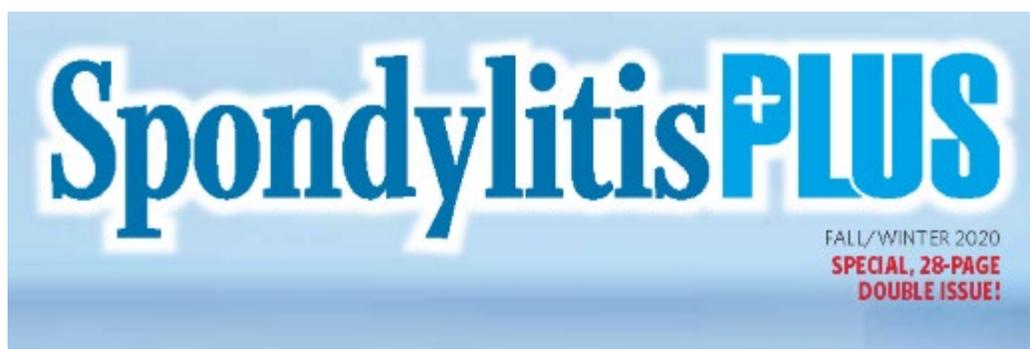
Our special guests will be:

- Dr. Kevin Winthrop, Professor of Infectious Diseases, Public Health, and Ophthalmology at OHSU, and former infectious disease epidemiologist at the U.S. Centers for Disease Control and Prevention (CDC).
- Dr. James Rosenbaum, Professor of Medicine at the Division of Arthritis & Rheumatic Diseases, as well as Professor of Ophthalmology at OHSU.

Don't miss what promises to be an informative and important conversation!

Join us on our [Facebook page](#) on **Wednesday December 9th, from 3 – 4 pm Pacific**. *(The program will also be recorded, and available on our website at a later date.)*

Do you have vaccine-related questions that you would like answered? Please email them to us at programs@spondylitis.org.



The Combined Fall / Winter, 28-Page Issue of Spondylitis Plus is Here!

The latest issue of Spondylitis Plus is now available online for SAA members.

Not a member yet? Read the featured article, "**How Disease Severity, Ethnicity, and HLA-B27 Prevalence Intersect.**"

[Read the Full Issue!](#)

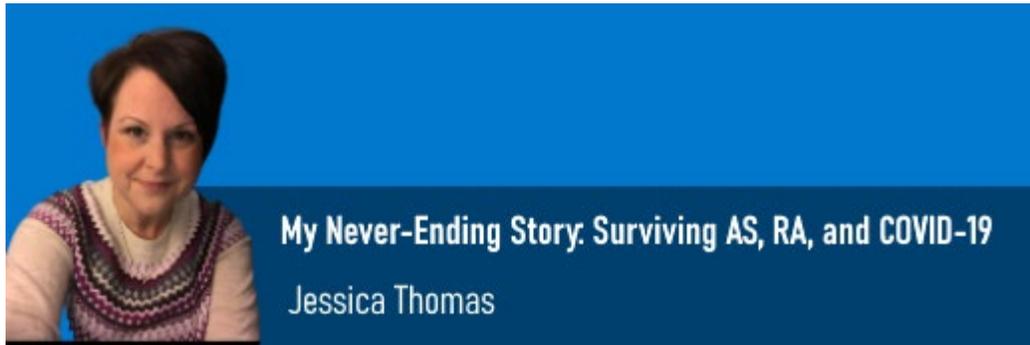
[Read the Featured Article](#)



How to Minimize COVID-19 Risk Indoors and Keep Your Home's Air Quality Safe

While our social habits have changed during the COVID-19 pandemic, one thing remains the same: The desire to spend quality time with our loved ones. But indoor socializing comes with safety risks. What can we do to make our homes safer, and keep our families healthier, now and into the New Year? Read on to learn expert advice to boost indoor air quality and reduce the risk of transmission at home.

[Read More!](#)



My Never-Ending Story: Surviving AS, RA, and COVID-19

My name is Jessica Thomas, and I am a wife, a mother, a daughter, a sister, a friend – and, as of August 2020, a COVID-19 patient and now, survivor.

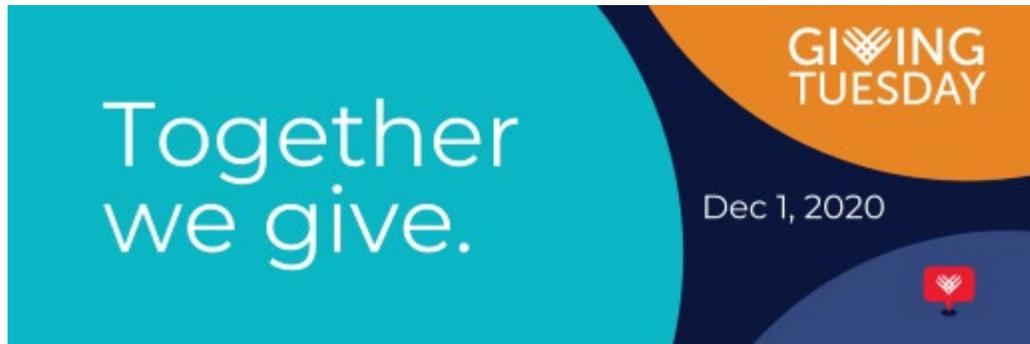
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SAA Adopts New Tagline: Serving the Spondyloarthritis Community

Effective immediately, SAA will evolve its brand identity with a new tagline, “Serving the Spondyloarthritis Community” to fully represent the comprehensive and inclusive scope of our mission and the community we serve. The new tagline also affirms our ongoing commitment to supporting members of our community regardless of which disease type they are impacted by within the spondyloarthritis family of related rheumatic diseases.

[Read More!](#)



Support SAA With A Gift For GivingTuesday And Be Eligible To Win Your Very Own Standing Desk!

Support SAA this year on GivingTuesday for a chance to be entered into a drawing to win a standing desk from VARI! All gifts received between November 23rd and December 4th are eligible for the opportunity drawing. Stand Tall and work safely this winter with a standing desk!

[Donate Today!](#)



Introducing Our latest SAA/Bruckel Early Career Investigator Awardee, Tejpal Gill, PhD!

As part of SAA's ongoing mission to continually expand spondyloarthritis research, we strive to encourage and support new, upcoming rheumatologists

and researchers as they advance spondyloarthritis research.

Our annual SAA/Bruckel Early Career Investigator Award, created in 2001, recognizes outstanding contributions to the care and understanding of patients with spondyloarthritis. The award winner receives a \$20,000 grant from SAA to use in spondyloarthritis research.

We congratulate Dr. Gill and recognize her numerous contributions to spondyloarthritis research!

[Read More!](#)



SAA's Spondylitis Educational Support Groups Now Meeting Online

Social isolation isn't easy for anyone, but we know it's taking an extra toll on those of you in the spondyloarthritis community who may feel even more anxious and alone. Now more than ever, we invite you to join a support group – virtually! Many SAA support groups are moving online to protect members' health and safety amid COVID-19, and because we're trading physical meeting locations for the digital world, you can join a group that might previously have been too far away! Support groups provide information, resources, and importantly, social connection at a time when social distancing is our new normal. Look for a support group you'd like to join, and reach out to learn how to become part of the community.

[Learn More!](#)



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Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Spondylitis Association of America whenever you shop on AmazonSmile.

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